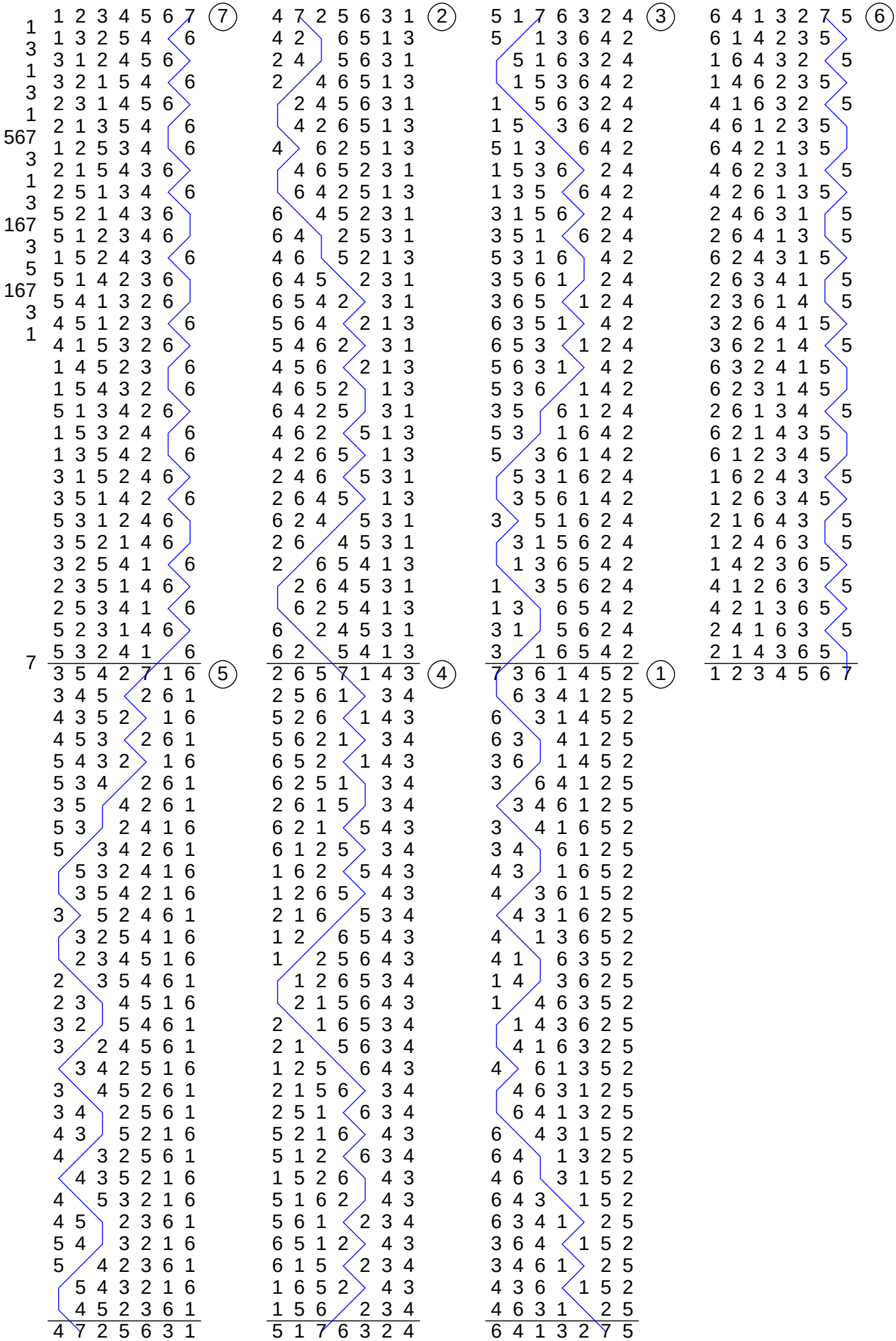Method 209a