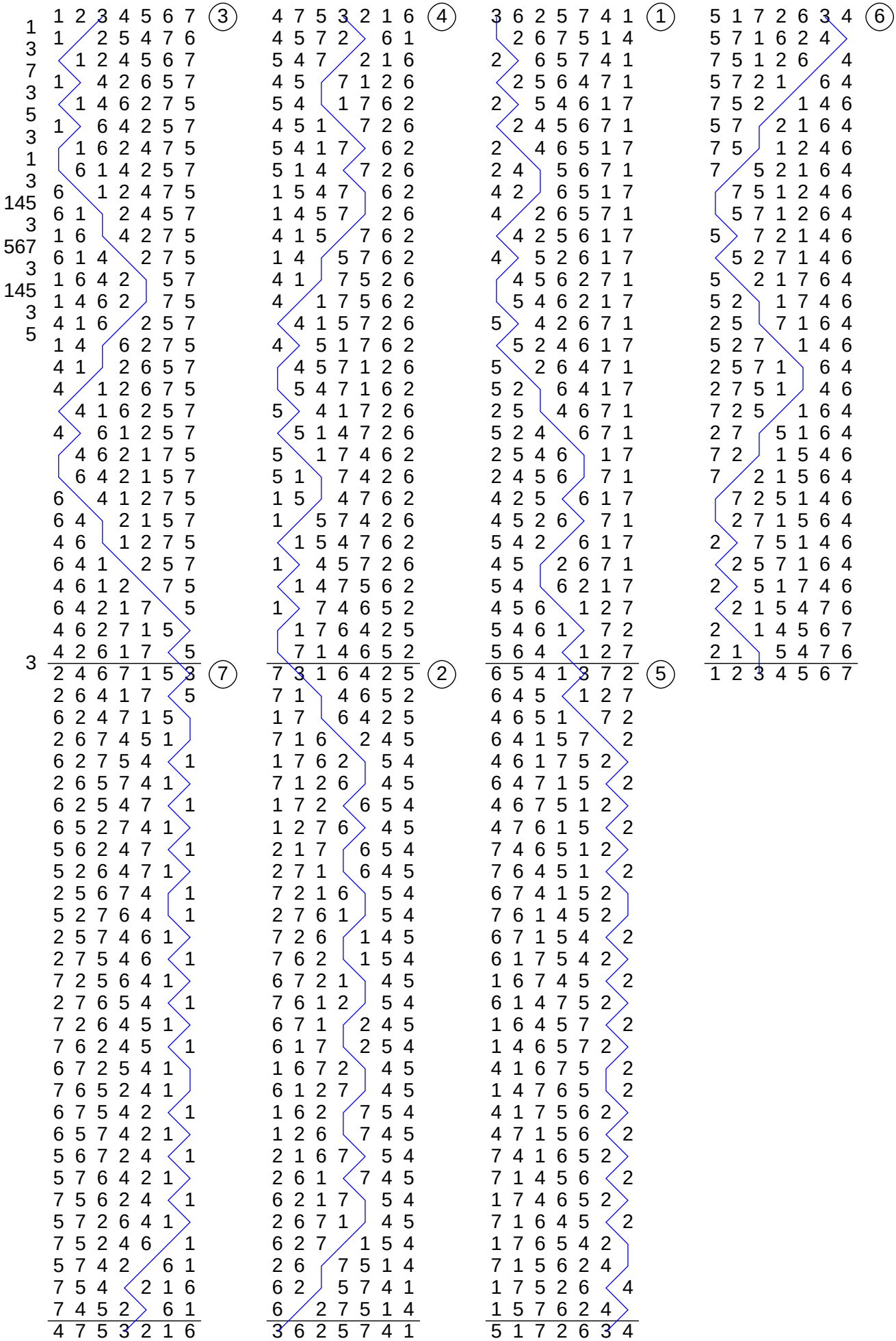Method 205a