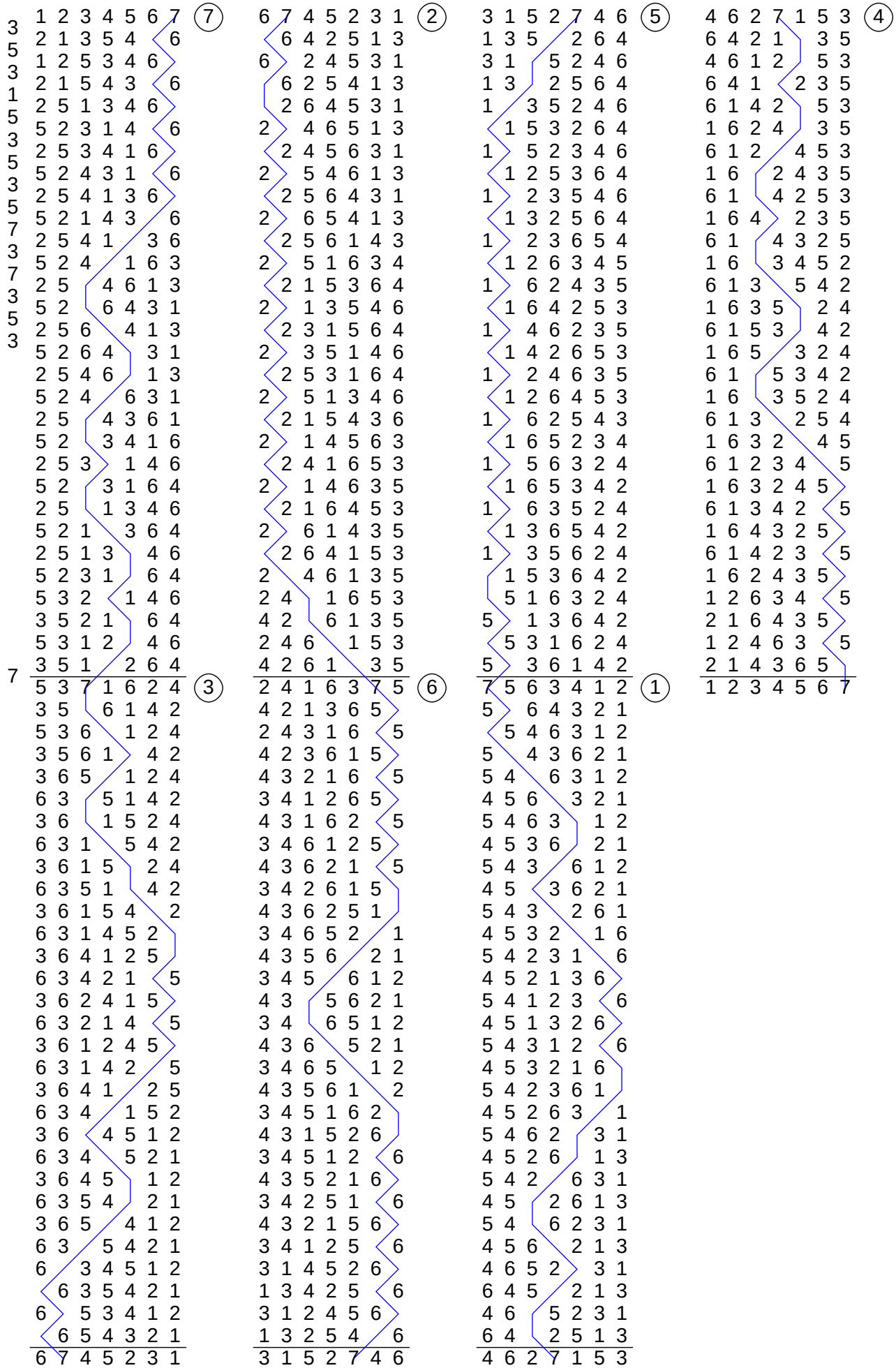Method 3a